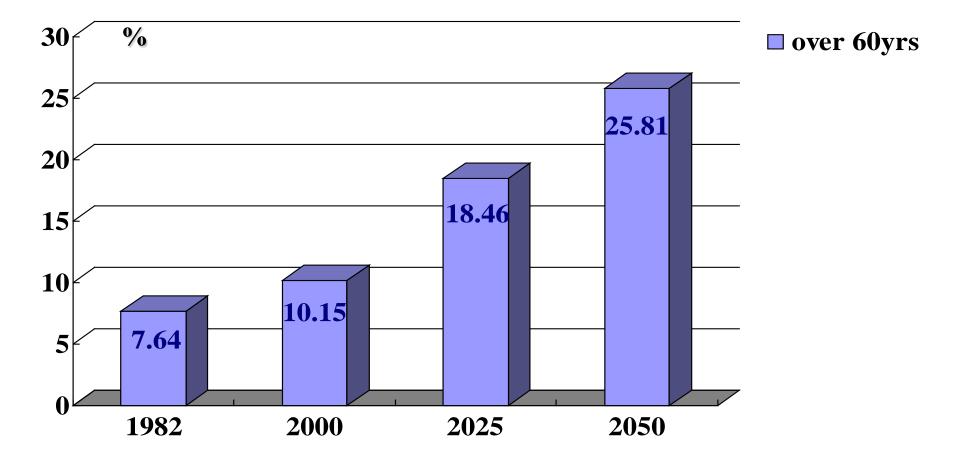
Current Status of Dementia and Challenges in China

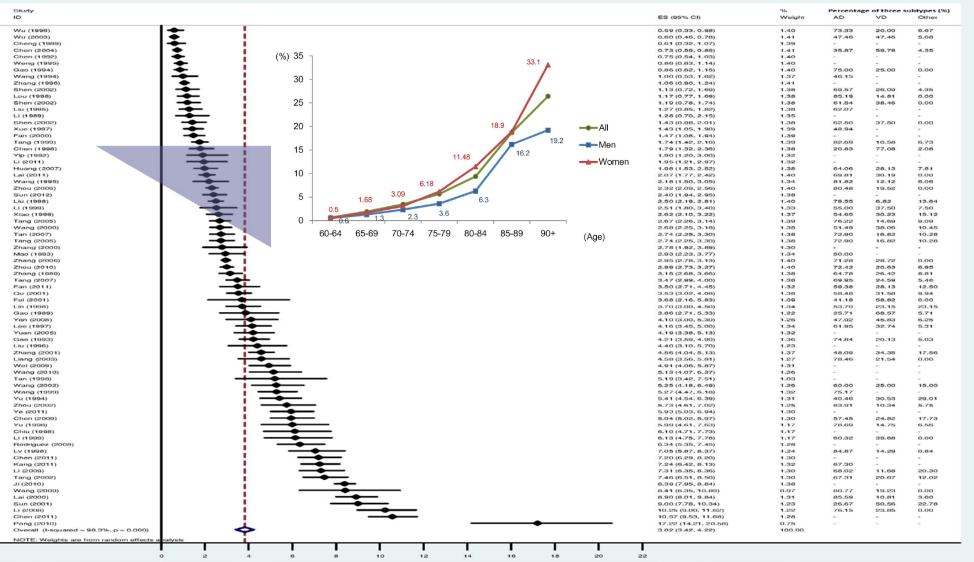
Piu Chan, MD PhD Xuanwu Hospital Capital Medical University Beijing, China

Population Ageing in China: past, present and future



The Fifth National Population Survey, 2002

Dementia Prevalence in Chinese



PLOS One, 2013. 8(6)

JN The JAMA Network

From: Dementia Subtypes in China: Prevalence in Beijing, Xian, Shanghai, and Chengdu

Arch Neurol. 2005;62(3):447-453. doi:10.1001/archneur.62.3.447

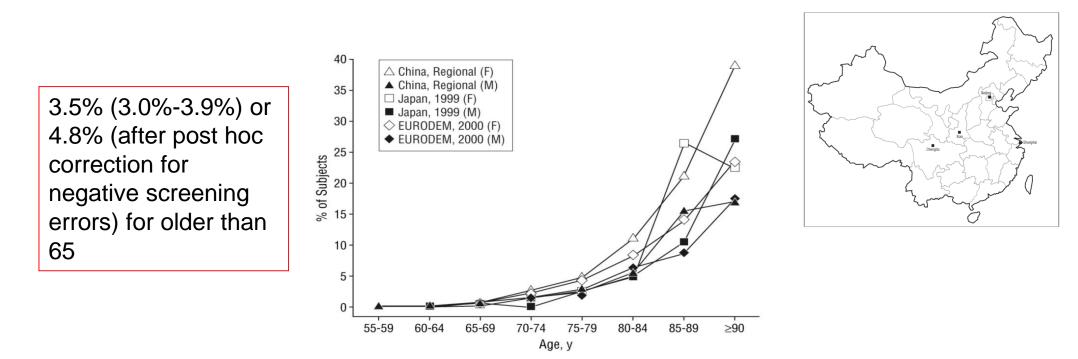
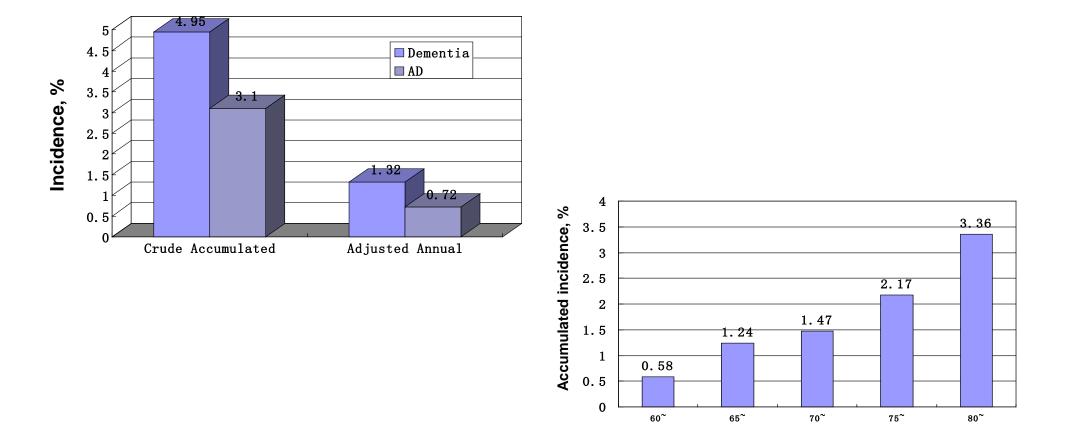


Figure Legend:

Age- and sex-specific prevalence of Alzheimer disease in China (present study) compared with east Asian (Japan, 1999) and Western (European Community Concerted Action on the Epidemiology and Prevention of Dementia Group [EURODEM], 2000) studies.

Incidence of Dementia and Alzheimer's Disease (1997-2000)



Beijing Longitudinal Study on Aging I (BLSA-I)

Estimated Number of Dementia Patients

Table 2. Estimated number of people with dementia in mainland China, Hong Kong and Taiwan (Based on DSM-IV).

		Total population	Elderly population ^{a.} (60+ in mainland China; 65+ in	Number of people with		
Area		(million)	Hong Kong and Taiwan, million)	dementia (million)	Prevalence ^{b.} (%, 95% Cl)	
Mainland China	North	563.8	73.4	3.76	5.1 (4.1, 6.1)	
(age 60+) ^{a.}	Central	492.4	73.3	3.22	4.4 (3.2, 5.6)	
	South	276.6	30.9	1.20	3.9 (2.3, 5.4)	
	Total	1332.6	177.6	8.18	4.6 (3.4, 5.8)	
Hong Kong (age 65+) ^{a.}		6.9	0.9	0.06	6.8 (3.8, 9.8)	
Taiwan (age 65+) ^{a.}		23.2	2.5	0.15	5.7 (3.2, 8.2)	
Total		1362.92	181	8.39	4.6 (3.4, 5.8)	

Table 3. Projected number of people with dementia from 2012 to 2060 in mainland China, Hong Kong and Taiwan (Based on DSM-IV, unit: million).

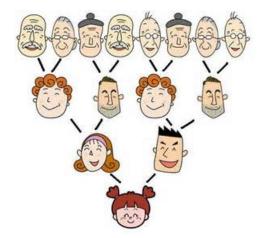
-		Current	2020	2030	2040	2050	2060
	Mainland China (age 60+)	8.18	13.5	20.3	29.59	40.63	48.68
	Hong Kong (age 65+)	0.06	0.09	0.13	0.20	0.29	0.32
	Taiwan (age 65+)	0.15	0.21	0.32	0.49	0.66	0.71

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Challenges China is Facing

- China is facing a new epidemic of unprecedented increase of population ageing and burden associated with dementia
- Societal costs will rise inexorably, driven by the increasing need for long term care
- Limited number of specialized dementia clinics
- Limited number of family doctors and GPs, & lack of specialized training on caring dementia patients
- Limited beds and nursing homes and experienced care takers
- Lack of specialized dementia nursing homes
- Change of family structure with 4:2:1 and even 8:4:2:1 families



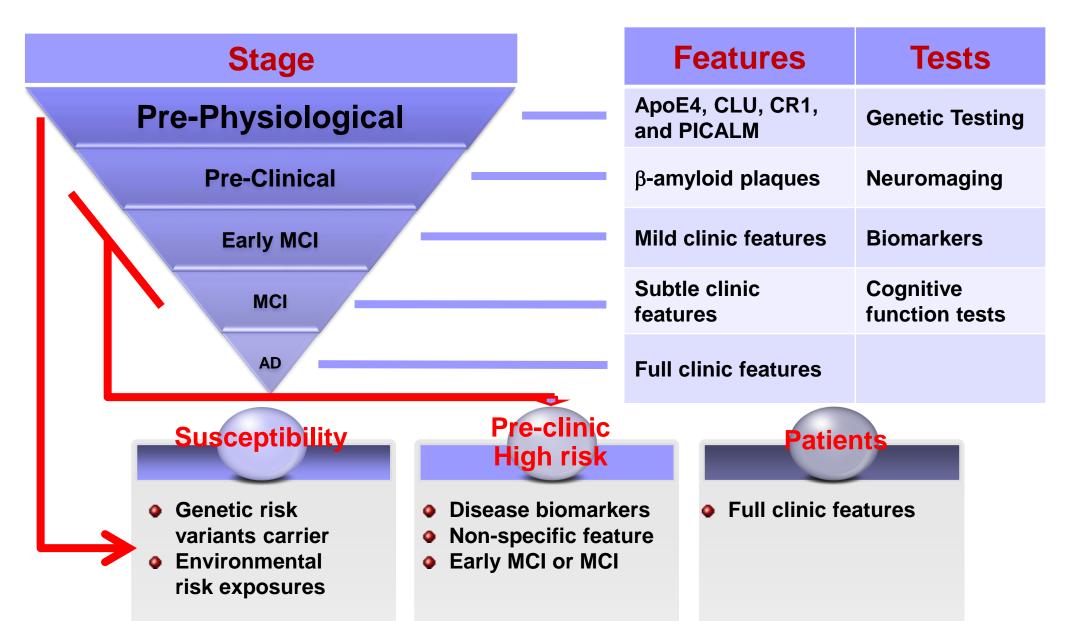


Time for Action

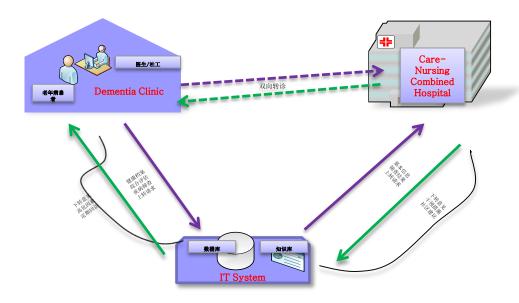
Clinical care

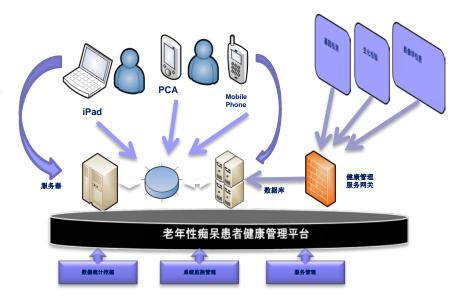
- Promoting awareness of dementia in the community
- Establishing more dementia clinics & guideline
- Increased coverage of drugs & included in special schemes of insurance
- Building more specialized dementia nursing homes
- Establishing the integrated "Care and Nursing Combined Community Hospitals"
- Programs to train more GPs and care takers
- Social policy
 - National Day on Dementia
 - Enforcing laws on responsibility of caring elderly
 - Promoting commercial insurance and increased investment on research and care
- Prevention
 - Promoting research for early diagnosis and intervention
 - Comprehensive programs including community health and rehab centers, and community activities

Screening Programs and Dementia Clinic



Building Integrated Model for Care & Prevention









Thanks.